



BOTOX

Post-Treatment Instruction

Botox Injections:

Because there is no sedative or anaesthetic used, you can return to normal activities immediately after the procedure. It is possible that you may experience a mild headache after the procedure. You may take paracetamol if this should occur:

1. For the first 4 hours after the injection you must:
 1. Keep your head up
 2. Not stoop over or strain
 3. Not massage or manipulate the treated area; though you can apply light makeup after 30 minutes
 4. Exercise the remaining facial muscles by frowning or smiling frequently
 5. Not take aminoglycoside antibiotics (e.g. gentamicin, tobramycin, netilmicin and amikacin)

[Beware!! massaging or touching the injection sites and leaning forward or backwards can cause the injected Botox to spread and may result in a droopy eyelid or other unwanted facial weakness!!]
2. After 4 hours you can:
 1. bathe/shower normally
 2. apply make-up
3. The next morning you may:
 1. resume your normal schedule of exercise and activity